

# TE STELA — SPA



MARIA GALLAND  
PARIS

**Te Stela SPA is a 5 stars luxury retreat oasis of peace and tranquility.**

**Te Stela caters to all the different ways people like to unwind. Whether you need a quiet escape, a get-together with friends, a romantic date night or a fun group celebration.**

**We invite you to come to the Den to calm your mind, heal your body, awaken your senses and elevate your spirit.**

**TE STELA  
SPA**





TE STELA

SPA



## Beauty Treatments

Immerse in our Jacuzzi by yourself or your loved ones for a soothing experience of relax. Ideal for your small private party.

Try this out! 4000 ALL  
Body Scrub & Relax Massage 40' €30

### Kneipp Therapy

Kneipp therapy is a concept named after the priest Sebastian Kneipp.

The five pillar Kneipp philosophy contains these elements—water, herbs, exercise, nutrition and lifestyle management.

Kneipp therapy, in its classic sense, is complex and the treatments are unique and proved to give result.

Try this out! 5000 ALL  
Pedikyr & Synergy Care Hair Treatment

## Himalaya Salt Therapy

Te Stela luxurious Himalayan salt rooms and beds are as tranquil as they are therapeutic. During your 25-minute session, the soothing atmosphere will envelop you, while the salty air will administer its natural healing with each deep, cleansing breath.

Try this out! 5000 ALL  
Body Scrub & Facial Treatment & Coloring

## Turkish Bath & Sauna

The perfect pamper combination of a Back, Neck, Foot and Shoulder Massage.

Choose from a variety of massages and therapies based on your needs and desires for soothing feeling of peace and tranquility.

## Indoor Pool

Immerse in our Jacuzzi by yourself or your loved ones for a soothing experience of relax. Ideal for your small private party.

## Hairdressing

Immerse in our Jacuzzi by yourself or your loved ones for a soothing experience of relax. Ideal for your small private party.

## Massage Therapies

The perfect pamper combination of a Back, Neck, Foot and Shoulder Massage.

Choose from a variety of massages and therapies based on your needs and desires for soothing feeling of peace and tranquility.

## Face Treatments

Restore your skin's natural beauty with a maria galland paris facial treatment.

A relaxing massage ritual, beginning with deep-cleansing and exfoliation, prepares your skin for the treatment to follow. these initial steps ensure your skin's optimal absorption of the active ingredients.

[www.testelaspa.nl](http://www.testelaspa.nl)





# Massages

## Relax Massage

60 min. 4000 ALL

Relaxation massage is a smooth, gentle, flowing style that promotes general relaxation, relieves muscular tension, plus improves circulation and range of movement.

## Full Body Massage

40 min. 3000 ALL

A light, calming massage using a blend of tisser and oils, which works the whole body. This massage will treat all areas of the body most prone to stress and tension, such as the back, shoulders and neck, along with the upper and lower legs, arms and hands.

## Hot Stone Massage

40 min. 3000 ALL

This twist on a full body massage uses warm, volcanic stones to relieve deep muscle tension. We can guarantee you will leave feeling completely revitalised!

## 4 Hands Massage

60 min. 7000 ALL

4 hand massage multiplies the massage sensations many times over. You embark on a journey towards a state of true relaxation and release of tension.

## Couple Massage

50 min. 5000 ALL

Do you and your sweetheart need some time to relax and enjoy each other? Our Couples Massage Packages have been designed with the optimum of rejuvenation, relaxation and togetherness in mind.

## Cupping Massage

60 min. 6000 ALL

Cupping is an ancient practice that uses glass, bamboo, clay, or silicone cups to create therapeutic suction on the skin. This suction can help lessen pain and inflammation, increase blood flow, and promote relaxation



# Massages

## Head and Neck Massage

30 min. 3000 ALL

A Head, Neck & Shoulder Massage improves blood flow to the brain promoting better concentration, memory and mental activity. This massage therapy will help you release any fatigue and feelings of weariness, eye-strain and headache.

## Back and Shoulders Massage

40 min. 3000 ALL

This is a relaxing massage therapy concentrating on the back and shoulder muscles. The treatment is designed to relax and ease tension in the areas of the body where muscle problems most often occur.

## Combined Massage

60 min. 5000 ALL

If you don't want to miss out anything from our relax treatments, combine them all in a 60 min long session that includes 3 different techniques.-Thai, Shiatsu, Relax.

## Facial Massage

40 min. 2000 ALL

Our SPA Facial performed by a licensed technician will hydrate your skin, reducing the appearance of fine lines by means of exfoliation and stimulating the growth of new skin cells. Our SPA Facials help you maintain a more youthful, radiant appearance, a healthier glow and more even skin tone.

## Anti-Celulities Massage

40 min. 3500 ALL

Anti-Cellulite massage stimulates the deep layers of the skin and the muscle, encouraging the flow of oxygenated blood to the area, which provides the nutrients necessary to improve the condition of your skin cells.

## Sport Massage

50 min. 5000 ALL

Great for the active and the serious athlete. a customized massage to soothe strained muscle groups that may include all aspects of massage determined by each guest's level of athleticism.

MARIA GALLAND  
PARIS



# Face Treatments

## Face cleansing

60 min. 6000 ALL

A relaxing massage ritual, beginning with deep-cleansing and exfoliation, prepares your skin for the treatment to follow.

## Beauty Treatment

60 min. 6000 ALL

This invigorating 60-minutes treatment releases impurities from the skin, minimizes fine wrinkles and refines the complexion. As a result, skin appears smoother, revealing new luminosity.

## Anti Aging

60 min. 4500 ALL

This invigorating 60-minutes treatment releases impurities from the skin, minimizes fine wrinkles and refines the complexion. As a result, skin appears smoother, revealing new luminosity.

## Thalasso Treatment

60 min. 6500 ALL

Refreshes, energizes and provides an intensive 60 min supply of highly concentrated moisture. This refreshing and revitalizing algae mask is intensely moisturizing for the skin.

## Regenerating face treatment

60 min. 6000 AL

A potent age-defying facial oil to deeply nourish and enhance elasticity while helping to minimise the appearance of fine lines.

## Absolute Youthfull Lifting

60 min. 8000 ALL

The 100% manual lifting massage combines deep gliding, anti-aging movements and intensive petrissage movements, including kneads and rolls, to instantly lift & firm and plump the skin.

## Mosaic Masc Modelling Method

120 min. 10000 ALL

Experience our revamped iconic treatment which offers 2 hours of pure indulgence, 100% manual modeling techniques and 90% younger-looking skin.

## Special Eye Treatment

30 min. 3000 ALL

This treatment especially targets the sensitive area around your eyes, smoothing fine lines and wrinkles. skin.

## Special Treatment

90 min. 12000 ALL

A combination of techniques for the ultimate SPA skin care experience.



# Body Treatments

## Body Scrub

25 min. 2000 ALL

Body scrub helps to rejuvenate the skin by exposing the smoother and supple layer of skin after removal of the dead skin layer.

## Beauty Treatment

25 min. 2000 ALL

Start your self care journey with this short but extremely effective rejuvenating treatment.

## Anti aging Treatment

70 min. 5000 ALL

This facial targets fine lines and wrinkles, bringing to life a youthful glow with increased elasticity and firmer skin. enjoy a more radiant, youthful face.

## Anti oxidant Treatment

60 min. 5000 ALL

The detox body therapy is designed to offer a relaxing experience with detoxifying benefits. Helps to remove toxins from the body. Re-news, softens and nourishes the skin

## Triactive Treatment

60 min. 6000 ALL

This Treatment is perfect if you want to sculpte and tone your body. Products used and movements performed during this treatment are designed to boost your lymphatic drainage.

## Anti cellulite Treatment

60 min. 4000 ALL

Designed to deliver a flawless marriage of a rejuvenating spa body treatment and pure relaxing care.

## Anti cellulite Express

30 min. 2500 ALL

The basis of all rejuvenating treatments compressed in a half hour relaxing and effective session.



# Beauty

## Waxing for women

|                        |          |
|------------------------|----------|
| Full Arm               | 1500 ALL |
| Underarm               | 800 ALL  |
| Full Leg               | 2000 ALL |
| Bikini Line & Full Leg | 2700 ALL |
| Half Leg               | 1000 ALL |
| Lip                    | 500 ALL  |
| Total Waxing for Women | 5000 ALL |
| Bikini Lines           | 900 ALL  |
| Full Bikini            | 1500 ALL |

## Waxing for men

|               |          |
|---------------|----------|
| Full Leg      | 3000 ALL |
| Half Leg      | 1500 ALL |
| Full Brakst   | 2000 ALL |
| Full Back Men | 2200 ALL |

## Manicure & Pedicure

|                        |          |
|------------------------|----------|
| Manicure               | 2000 ALL |
| Manicure Paraffin Mask | 2300 ALL |
| Pedicure               | 3200 ALL |
| Pedicure Paraffin Mask | 3000 ALL |

# Hairdressing

## Cut

|             |          |
|-------------|----------|
| Short hair  | 1000 ALL |
| Medium hair | 1000 ALL |
| Long hair   | 1000 ALL |

## Combing

|             |          |
|-------------|----------|
| Short hair  | 500 ALL  |
| Medium hair | 700 ALL  |
| Long hair   | 1000 ALL |

## Coloring

|             |          |
|-------------|----------|
| Short hair  | 2000 ALL |
| Medium hair | 3000 ALL |
| Long hair   | 5000 ALL |

## Styling

|             |          |
|-------------|----------|
| Short hair  | 1000 ALL |
| Medium hair | 1500 ALL |
| Long hair   | 2500 ALL |

## Decoloring + Coloring

|             |          |
|-------------|----------|
| Short hair  | 6000 ALL |
| Medium hair | 8000 ALL |
| Long hair   | 1500 ALL |

## Make-up

|                |          |
|----------------|----------|
| Make-up Artist | 3000 ALL |
| Make-up        | 1500 ALL |
| Bride          | 2000 ALL |

## Synergy care hair treatments

|   |          |
|---|----------|
| Regenerating (Shampo, Masë, Ampul.)             | 2500 ALL |
| Died hair treatment (Shampo, Masë, Ampul.)      | 2500 ALL |
| Anti hair-loss treatment (Shampo, Masë, Ampul.) | 2500 ALL |

# Exclusively at Te Stela SPA

The newest and one of it's kind 5 star SPA in Tirana offers much more than a day of relax.

## Couples Delight

We will transform your stay into a moment of pure sharing and understanding, respecting your privacy, granting your wishes for relaxation and wellness with this holistic couple treatment. You will have access to all the Spa+Couple Massage+Dinner served at our restaurant.

## Company Events

Celebrate your company events in a unique way. With a capacity of 40 people out facilities are ideal for hosting your post conference/training session entertainment.

## Private Events

We will transform your stay into a moment of pure sharing and understanding, respecting your privacy, granting your wishes for relaxation and wellness with this holistic couple treatment. You will have access to all the Spa+Couple Massage+Dinner served at restaurant.

**TE STELA — SPA**



Discover even more treatments and book yours now at Te Stela SPA.  
**Call 067 20 33 317 | 067 20 33 381 visit [www.testela.al](http://www.testela.al) & our social media pages on **Facebook/Instagram TeStelaResort.****